



Greenville City Schools

August & September 2010 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Bread Carbohydrate Counts Bread 2-Slices (23) Hamburger Bun (22) Hot Dog Bun (20) Saltines Package (9) <i>Fruit & Vegetable Servings=3oz.</i>	August 31 Tony's Pizza (Cheese or Meat) Corn (12.75) Applesauce (19) Milk	1 Cheeseburger Sandwich(26) Smiley Potatoes(24) Grapes(8) Milk	2 Chicken Nuggets(13) Macaroni & Cheese(21) Green Beans(2.28) Pineapple Tidbits(15) Milk	3 Hot Dog Sandwich(23) Baked Beans(18) Mandarin Oranges(15) Milk
6 NO SCHOOL LABOR DAY	7 Cavatini (Meat & Cheese) (4oz.=18 6oz.=27) Cheesy Breadstick(33) Green Beans(2.28) Grape Juice(16) Milk	8 Soft Taco(26.75) (Meat, Cheese, Lettuce) Corn(12.75) Diced Pears(15) Milk	9 Grilled Cheese Sandwich(34) Tomato Soup(14.25) Diced Peaches(13.7) Milk	10 Tony's Pizza(Cheese or Meat) Peas(6) Applesauce(19) Milk
13 Chicken Patty Sandwich(34) Broccoli & Cheese(1.5) Mixed Fruit(13.5) Milk	14 Corn Dog(30) Tator Tots(12.75) Peaches & Bananas(19.75) Milk	15 Chicken & Noodles (4oz.=22 6oz.=33) String Cheese(0) Mashed Potatoes(10.12) Apple Juice(13) Cake(34) Milk	16 Made Right Sandwich(22) Green Beans(2.28) Diced Pears(15) Milk	17 Tony's Pizza (Cheese or Meat) Corn(12.75) Apple Half(9)) Milk
20 Quesadilla (Cheese-41 or Chicken-35) Carrot Sticks(10) Pineapple Tidbits(15) Milk	21 Spaghetti & Meat Sauce (4oz.=18.66 6oz.=28) Cheesy Breadstick(33) Tossed Salad(7) Grape Juice(16) Milk	22 Cheeseburger Sandwich(26) California Blend & Cheese(4.8) Shape-up Juice Bar(15) Milk	23 Pancake & Sausage Stick (23) Egg Patty(1.1) Tri-tator(13) Orange Juice(13) Milk	24 Tony's Pizza(Cheese or Meat) Green Beans(2.28) Mixed Fruit(13.5) Milk
27 Grilled Cheese Sandwich (34) Tomato Soup(14.25) Mandarin Oranges(15) Milk	28 Chicken Nuggets(13) Macaroni & Cheese(21) Peas(6) Applesauce(19) Milk	29 Walking Taco (21.75) (Meat ,Cheese, Lettuce) Corn(12.75) Peaches & Bananas(19.75) Milk	30 Mini Corn Dog Nuggets(11) Baked Beans(18) Raspberry Sherbet(29) Milk	Other Carbohydrate Counts Pizza-Cheese(36) Pizza -Pepperoni(35) Pizza-Sausage(35)

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(Carbohydrate Count is listed next to food item – Fruits & Vegetable are 3 oz. Servings - Please add milk count to get a total count.)

*A peanut butter sandwich may be substituted for any entrée for Grades 3-12. *Crackers available with all plate lunches. Comments: Tonya Wright, Food Service Manager, 547-0244

Menu Subject to Change Without Notice